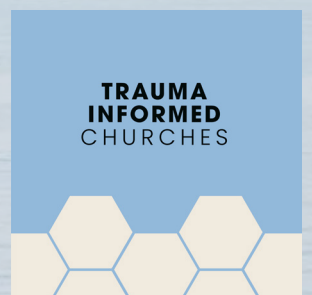


TRAUMA INFORMED CHURCHES

www.traumainformedchurches.org

Certificate 2024-2025



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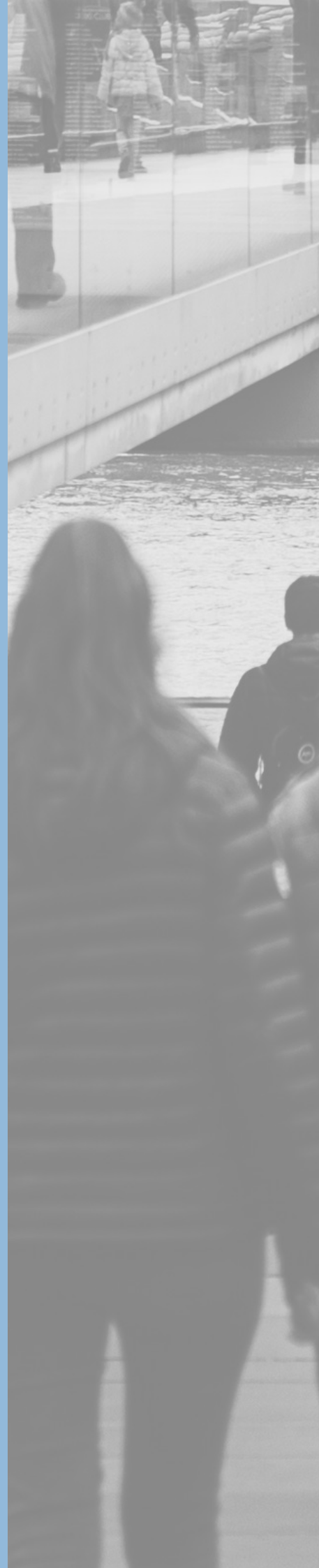
This course exists to help people who are serving in churches or Christian organisations learn about the impact of trauma and how we can facilitate recovery. It explores the foundational teaching on trauma which is from neuroscience, evidenced based research and the Bible. The training explores practical implications and strategies to support those who are traumatised.

The trainer is Betsy de Thierry who is a church leader (the fifth generation church leader) and a psychotherapist who leads many organisations including therapy centres, leaders support organisations and social action projects at her church.



**The course has been described by
past students as:**

**'life changing'
'inspirational'
'enlightening'
'hope creating'
'healing'**



Course Dates

The dates and themes of the course are:

Day 1	Friday 27th September 4PM-5PM	An introduction to the TIC course and framework.
Day 2	Friday 11th October	Stage 1 Trauma Recovery Focused Training Pathway: Introduction to trauma, developmental trauma, trauma assessment, the impact of trauma and the recovery journey.
Day 3	Friday 22nd November	Stage 2 Trauma Recovery Focused Training Pathway: The impact of trauma on the body. Relational skills and activities to facilitate recovery and safety.
Day 4	Friday 17th January	Stage 3 Trauma Recovery Focused Training Pathway: The impact of shame and its relationship with trauma. Exploration of anxiety and depression and other trauma symptoms.
Day 5	Wednesday 26th February	Stage 4 Trauma Recovery Focused Training Pathway: The impact of developmental, multiple trauma on the person. Exploring dissociation and complex trauma. The recovery map.
Day 6	Friday 21st March	Exploring self harm and trauma assessment: The 12 tools of BdT TRG to use in helping traumatised people.
Day 7	Wednesday 23rd April	An exploration of what needs to be reflected on to create a trauma informed church or organisation from building to staffing to systems.
Day 8	Thursday 1st May	Final day Evaluating and ending. Ethics and boundaries.

Course Details

TIMES AND LOCATION

The training days will be 10AM-3:30PM and will be online on zoom. This is easy to use and enables people from across the world to partake in the training. A trial of the zoom app can be arranged for those less confident.

Groups can be together in a room to partake but it is preferable that they will need their own phone/laptop/computer to join in with discussion groups sometimes.

COST

The cost of the course is £900 per person but group discounts are available. The payment can be made in advance or each day of attendance or in any other way that is agreed prior to starting the course.

BOOKING FORM

Email admin@traumainformedchurches.org for a booking form. Individual days can be booked although stages 1-4 do need to be completed in order and the other three days can only be completed when stage one has been attended.

A certificate will be issued on completion of this course.