

TRAUMA INFORMED CHURCHES

Certificate 2023-2024

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This course exists to help people who are serving in churches or Christian organisations learn about the impact of trauma and how we can help facilitate recovery. It explores the foundational teaching on trauma which is from neuroscience, evidenced based research and the Bible. The training explores practical implications and strategies to support those who are traumatised.

The trainer is Betsy de Thierry who is a church leader (the fifth generation church leader) and a psychotherapist who leads many organisations including therapy centres, leaders support organisations and social action projects at her church.



The course has been described by past students as:

'life changing'
'inspirational'
'enlightening'
'hope creating'
'healing'



Course Dates

The dates and themes of the course are:

Day 1

Monday
4th September 2023

Stage One of the Trauma Recovery Focused Model - an understanding of the power of trauma.

Day 2

Wednesday
18th October 2023

Stage Two of the Trauma Recovery Focused Model - an understanding of the power of relationships and community for recovery.

Day 3

Friday
10th November 2023

Stage Three of the Trauma Recovery Focused Model - an understanding of the inter-relationship of trauma and shame.

Day 4

Monday
4th December 2023

Stage Four of the Trauma Recovery Focused Model - an understanding of complex trauma and the people who are usually rejected by most mental health support.

Day 5

Friday
12th January 2024

An exploration of self harm, self loathing, loneliness and PTSD and how we can help and support those who have a trauma history.

Day 6

Friday
2nd February 2024

An exploration of what needs to be reflected on to create a trauma informed church or organisation from building to staffing to systems.

Day 7

Monday
4th March 2024

A toolbox of tools to help support and facilitate healing for the traumatised.

TIMES & LOCATION

The training days will be 10AM - 3:30PM and will be online on zoom. This is easy to use and enables people from across the world to partake in the training. A trial of the zoom app can be arranged for those less confident.

Groups can be together in a room to partake but it is preferable that they will need their own phone/laptop/computer to join in with discussion groups sometimes.

COST

The cost of the course is £1049 per person but group discounts are available. The payment can be made in advance or each day of attendance or in any other way that is agreed prior to starting the course.

BOOKING FORM

Email admin@traumainformedchurches.org for a booking form. Individual days can be booked although stages 1-4 do need to be completed in order and the other three days can only be completed when stage one has been attended.

A certificate will be issued on completion of this course.

www.traumainformedchurches.org
admin@traumainformedchurches.org

